

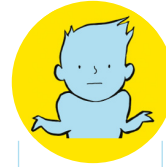
Fear of Pain Questionnaire

- Adapted for Cerebral Palsy

When you are hurt or in pain for a few hours or days, how does pain make you feel?



This is
not me



This is
sometimes me



This is
me



1	Pain makes my heart beat fast		0	1	2	3	4		
2	Pain makes me feel scared		0	1	2	3	4		
3	Pain makes me worry		0	1	2	3	4		
4	Pain makes me not want to go to things		0	1	2	3	4		
5	Pain makes me want to stop any activity when my body hurts		0	1	2	3	4		
6	Pain makes me not want to go to school/work because it makes my pain worse		0	1	2	3	4		
7	Pain makes me not want to make plans		0	1	2	3	4		
8	Pain makes me want to put things off		0	1	2	3	4		
9	Pain makes me think something bad will happen		0	1	2	3	4		
10	Pain means I can't join in because I think my body will hurt		0	1	2	3	4		