

AusACPDM Listening and Sharing session

Identifying and responding to the diverse factors that affect sleep in people with cerebral palsy



Join us in our free listening and sharing session

Wednesday June 28th, 4.30-5.30 Australian EST

The aim of our AusACPDM Listening and sharing sessions is to share knowledge, experiences and learnings. These will be held via zoom, and will be open to everyone (but registration numbers are limited!). Recordings of some of our sessions will be made available within the members only section of the AusACPDM website at a later date.

Topic information: It is well known that people with CP are vulnerable to sleep difficulties, with often severe impact on their health, wellbeing and participation, and that of their families. It can be challenging to understand the diverse factors that affect sleep of people with cp, and to identify solutions which suit each person – the right combinations of supports, at the right time. In this session we will use case studies to illustrate and discuss individual and contextual approaches to sleep support. We will refer to the ICF, complex systems theory and the SleepLinks 'sleep comfort' model to illustrate how we consider the whole picture for best sleep support.

Speakers: Perth based clinicians Liam Carter (physiotherapist) and Sue McCabe (occupational therapist) work with people of all ages with CP and like conditions, seeing them in their own homes, and working with multi-disciplinary teams for client and family-centred solutions.

The session will be facilitated by: Associate Professor Leanne Johnston