



THE UNIVERSITY OF
MELBOURNE



LA TROBE
UNIVERSITY

DISABILITY SPORT
& RECREATION



CHAIN

Cycling through Health-coaching, Adaption, Inclusion
and supportive Networks.

What is CHAIN?

CHAIN is a self-paced online cycle training program which explores ways to include, support and adapt cycling for children and youth with disability or “riders” in the community.

Who can enrol in CHAIN?

CHAIN will be open to the following practitioners who lead cycle interventions in Victoria:

- Physiotherapists ● Occupational therapists ● Teachers
- Cycling Coaches ● Sports and Recreation Practitioners

What will I be asked to do?

- Complete online learning activities through CHAIN including: case studies, watching videos and learning new skills.
- As part of this research you will be invited to evaluate and feedback on your experiences of using CHAIN.

How to take part

You can find out more about this study and access information/consent information by following this link:

<https://redcap.link/chain>

For further information please contact researchers:

- Dr Rachel Toovey on r.toovey@unimelb.edu.au
- John Carey on jjcarey@student.unimelb.edu.au

Find out more
information by
following:

