



# **CeDDR invites you to a Workshop**

# **Pathways and Resources for Engagement and Participation**

# PREP

An environment-based intervention for improving participation Led by Associate Professor Dana Anaby

Date: Saturday 12<sup>th</sup> October Time: 8.30 to 1pm Place: ACU Melbourne Campus, Room 403.7.02 Refreshments: Morning tea will be provided Cost: Practitioners: \$72 (incl. GST); Students: \$50 (incl. GST)

## About the workshop

The PREP approach is a new evidence-based intervention that aims to improve participation in any type of chosen activity. The intervention focuses on changing aspects of the child or youth's environment and by coaching parents and other individuals involved in the young person's everyday activities. PREP is applicable for children, youth and adults across various conditions and abilities.

In this half-day workshop core elements of the 5 steps of the PREP will be introduced, as well as effective intervention strategies for improving participation will be demonstrated through 'real life' scenarios. A range of resources and tools to support the implementation of the PREP in practice will also be shared. Finally, evidence supporting the effectiveness of the PREP in improving participation will be outlined and its applicability to children and youth with various conditions (physical disabilities, acquired brain injury, younger children with a history of pre-term birth) will be discussed.

## **About the presenter**

Dana Anaby is an Associate Professor at the School of Physical and Occupational Therapy at McGill University with substantial research experience in childhood-onset disability. Dana is the primary co-developer of the PREP approach and has led the examination of this intervention among children and youth with disabilities in Canada.

Register here: https://www.acu.edu.au/melb\_prep\_wshop

See you there!



